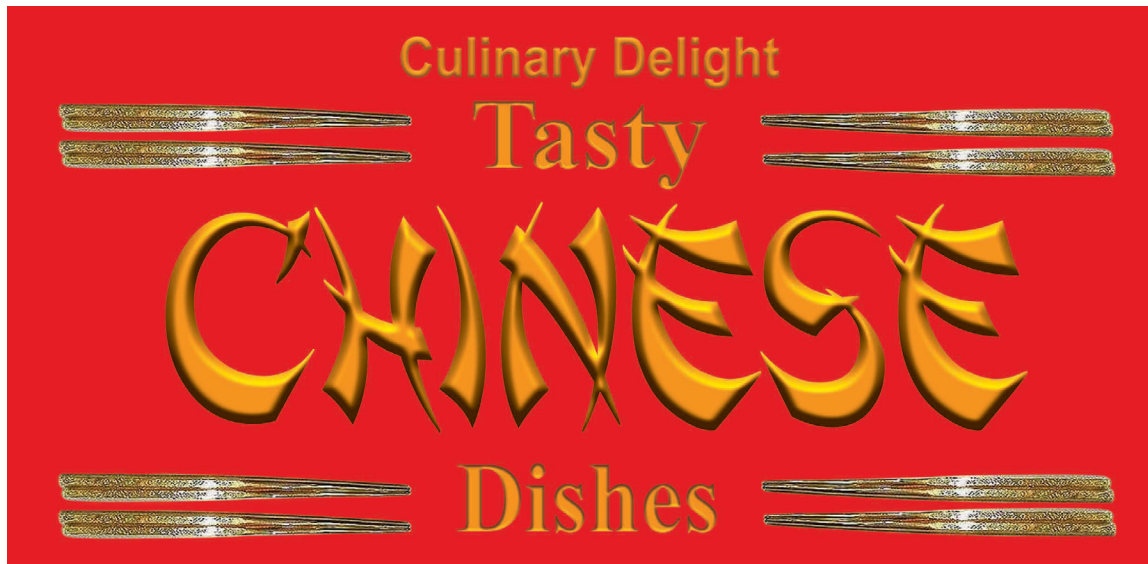


Culinary Delight

Tasty

CHINESE

Dishes



Culinary Delight Tasty Chinese Dishes

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Preface:

Tasty Chinese Dishes is a treasury of tasty, fabulous Chinese dishes as collected and compiled by a gourmet of Chinese foods. Recipes from China are tasty and exotic, and one succumbs to its exciting flavors again and again. Chinese recipes are favorite all over the world.

People seem to have prodigious appetite for poultry and beef. Others are lamb gourmets. Most prime pork comes from young pigs. Fish and seafoods are most nutritious. They are rich in protein and vitamins. Vegetables are at their best when fresh. The Chinese cook makes fabulous dishes from all the perfection of flavors which is a part of Chinese cuisine.

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